

# American Police Beat

THE VOICE OF THE NATION'S LAW ENFORCEMENT COMMUNITY

## Helping the warriors heal

Clarke and Grossman are fighting PTSD with passion

**R**etired Lt. Colonel Dave Grossman, a former Army Ranger and one of the world's foremost experts in the field of human aggression and violence and Clarke Paris, a 25 year veteran with the Las Vegas Metropolitan Police Department, are teaming up for a two day seminar that will address PTSD and other stress related issues impact-

ing law enforcement.

Scheduled for October 7 and 8, the two day seminar, entitled "The Pain Behind The Badge and The Bullet Proof Mind," is co-sponsored by the Las Vegas Metropolitan Police Department.

Grossman and Paris will address the complex issue of post traumatic stress disorder, the effects of cumulative stress, coping strategies, available resources to deal with the problem, involving the spouse and the devastating impact of stress when it goes untreated.

Other topics on the agenda are discussed are include survival after the battle and years to come, psychological preparation for combat, survivors guilt, the warrior spirit' and combat preparation for the spouse.

This training does for the police and military mind, and the mind and spirit of spouses, what body armor does for the torso.

Clarke Paris was involved in recovery for several agencies, including Virginia Tech Police Dept. after a lone gunman shot and killed 33, and the Lakewood Police Department after four officers were murdered in a coffee shop.

He is also the creator/producer of the award winning documentary film on police stress and suicide, "The Pain Behind The Badge."

Dave Grossman is well known throughout the law enforcement profession. The former Army Ranger provided counseling, recovery, and expert witness testimony after the school massacres in Jonesboro, Paducah, Springfield, and Littleton, Colorado. Grossman is the author of several books including: "On Killing," "Stop Teaching Our Kids to Kill," and "On Combat."

The seminar will be held at the Palace Station Hotel and Casino in Las Vegas,



Clarke Paris is a 25 year veteran with the Las Vegas Metropolitan Police Department

Nevada. For more information call (702) 573-4263. Visit Dave Grossman's web sites at [www.killology.com/](http://www.killology.com/)

[www.thepainbehindthebadge.com](http://www.thepainbehindthebadge.com) to learn more about Clarke Paris' seminars.



Lt. Colonel Dave Grossman  
Retired former Army  
Ranger



P.T.S.D. affects many soldiers and police officers as well.